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## BIOGRAPHICAL NOTES AND TRAINING

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- 2025 Training course on the use of the Mental Health Recovery Star Organised by the Il Chiaro del Bosco Association under licence from Triagle Consulting Social Enterprise 21/2/2025
- 2023 Fixed-term university researcher - competition sector 11/E4 "Clinical and dynamic psychology", scientific-disciplinary sector M-PSI/07 "Dynamic psychology" at the Department of Humanistic Studies. Letters, Cultural Heritage, Educational Sciences of the University of Foggia from 04/01/2023
- 2018 Research Doctor at the Dept. of Clinical and Experimental Medicine – University of Foggia. Title of the doctorate "Experimental and Regenerative Medicine". Thesis title “Personality traits, anxiety, depression in gynecological cancer”.
- 2017 Coordinated and continuous collaboration contract with the University of Foggia - Department of Clinical and Experimental Medicine.
- 2015 Expert for the PON project Objective Faz.3 FSE02-POR PUGLIA-2013-55 Title Vanishing Point Code CUP D75C13000930007, Liceo delle Scienze Umane C. Poerio Foggia.
- 2015 Online Master in Sports Psychology sponsored by the Italian Sports Psychology Association, Psymedisport Group.
- 2014 Specialist in Cognitive Psychotherapy at the School of Cognitive Psychotherapy – SPC Srl Ancona, with a score of 30/thirtieths. According to the Executive Decree of the Minister of University and Scientific and Technological Research, 26-06-02 and published in the Official Journal - General Series n°162 of 12-02-2002, this school has been recognized as suitable for activating the specialization course to which the exercise of psychotherapeutic activity is subordinated.
- 2015 Secretary at the non-profit association “l'Albero della vita”.
- 2014 Expert in psychometric investigation within the Regional Project for the Prevention and Combating of Eating Disorders through the network of corporate DCA Centers of the Puglia Region. ASL FG – Resolution no. DG1940/12 of 31/12.
- 2013 Member of the ONLUS board of directors "One step away from you". President of the association of freelancers “FamigliarMente”.
- 2010 Specialist in CLINICAL PSYCHOLOGY and PSYCHOTHERAPY - University of Bari, Faculty of Medicine and Surgery on 07-22-'10, with a score of 50/50 and honours. Title of the thesis "Psychosocial functioning in consultation liaison for psychiatric patients".
- 2007 REGISTRATION IN THE REGISTER OF THE ORDER OF PSYCHOLOGISTS OF THE PUGLIA REGION n. 2309 dated 07-05-'07.

## RESEARCH ACTIVITY

- 2024-2025 Affiliated with the Cognitive and Affective Neuroscience Laboratory (CAN Lab) Department of Humanities, Literature, Cultural Heritage, and Education Sciences, University of Foggia.
- 2020 Activity of research group composed of clinical psychologists, on the study: "PSYCHOPHYSICAL WELL-BEING OF COVID-19 AND/OR POST COVID-19 PATIENTS: ANALYSIS OF OUTCOMES RELATED TO ONLINE PSYCHOLOGICAL INTERVENTIONS IN COVID-19 PATIENTS AND OF PRESENCE AND ONLINE INTERVENTIONS IN PATIENTS POST COVID-19". Department of Clinical and Experimental Medicine, University of Foggia, Policlinico Riuniti of Foggia.
- 2020 Activity of a research group composed of clinical psychologists, on the study: "PROMOTION OF THE PSYCHOPHYSICAL WELL-BEING OF HEALTHCARE STAFF IN EMERGENCY-COVID-19 URGENCY: ANALYSIS OF OUTCOMES RELATED TO ONLINE PSYCHOLOGICAL INTERVENTIONS COMPARED TO IN-PRESENT INTERVENTIONS". Department of Clinical and Experimental Medicine, University of Foggia, Policlinico Riuniti of Foggia.
- 2020 Activity of a research group composed of clinical psychologists and gynecologists on the study: "PSYCHOLOGICAL ASPECTS IN THE REQUEST FOR ANALGO-SEDATION DURING OUTPATIENT HYSTEROSCOPY". Departments of the Medical Area, University of Foggia, Policlinico Riuniti of Foggia.
- 2019 Participation in research activities on the study "Perinatal depression. Measures relating to prevention, diagnosis, treatment and assistance", financed by the Regional Health Agency - Puglia Region from 01/12 2019.
- 2018 As a Research Unit in the M-PSI/08 ssd of the Department of Clinical and Experimental Medicine as Department of Excellence 2018-2022, participation in Scientific Research, "Centre for Research in Nutrition, Lifestyles and predictive health models".
- 2018 Participation in the Scientific Research "Immune-inflammatory alterations and psychosomatic diagnoses in patients suffering from depression and cardiac pathologies", approved for funding from the University Research Projects Fund (PRA-2018).
- 2011-16 Research activity of the Department of Biomedical Sciences, University of Foggia of the Multicentric Study funded by AIFA, entitled: "Study on Psychoeducation Enhancing Results of Adherence in Schizophrenia (SPERA-S)".
- 2009-11 Participation in Scientific Research, PRIN Funds entitled: "Cognitive and physiological responses to algogenic stimulation in subjects with high and low hypnotizability".
- 2010 Participation in the research project financed by CONI, Regional Committee of the Sardinia Region, on 08/03/2010, with the following title: "Influence of 5-HTTLPR Neuroticism on anxiety levels associated with sporting competition in individual sports vs. team sports" .
- 2005-07 Scientific Research Program of Significant National Interest (PRIN) 2005:*Antidepressant Drugs and Psychological Interventions in the Treatment of Mild Depression in General Medicine.*

2005-07                      Participation in Scientific Research, ex 40% PRIN funds entitled: "Interpersonal Counseling in the treatment of depression in General Medicine: a randomized controlled trial of antidepressants".

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### ***Main lines of research***

1. Analysis of the relationships between psychological dimensions (personality traits, emotional-affective involvement, psychopathological aspects), biological components (gene expression, neurotransmitter modulation) and neurophysiological activation of clinical and non-clinical populations.
2. Analysis of the determinants and psychophysiological impact of well-being, sports practice and health in general.
3. Study of stress-related psychosomatic syndromes.
4. Analysis of the interaction between biological vulnerability and environmental stressors in the onset and course of psychosis.
5. Application and study of the effectiveness of innovative psychoeducational and psychotherapeutic interventions.

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### **INSTITUTIONAL ACTIVITY**

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2025                              Selection committee for the assignment, on a paid basis, of teaching positions within the TFA Sostegno (Teacher Training Course), IX Cycle - Eligible Previous Cycles, academic year 2023/2024.

2024                              Committee member for the establishment of employment contracts to support the activities of the research-action project "The four challenges for the promotion of psycho-physical well-being: an intervention model to combat smartphone addiction" (4Ch4WB, Four Challenges for Well-Being)" - Project ID: PROBEN\_0000004 CUP D53C24001940001, Conservatorio di Musica di Foggia

GAQ component in the Master's Degree Course in School Psychology 2024/2025

Member of the committees for the establishment of employment contracts to support the activities of the research-action project "The four challenges for the promotion of psycho-physical well-being: an intervention model to combat smartphone addiction" (4Ch4WB, Four Challenges for Well-Being)" - Project ID: PROBEN\_0000004 CUP D53C24001940001

Member of the programme 'Step by Step from Trainees to Trainers and Peer Supporters: training for peers' support to improve psychological and digital resilience through networking' ERASMUS+ project 2021-1-RS01-KA220-HED-000032204 Enhancing digital and psychological resilience through peer networking in the online environment in times of crises – DigiPsyRes and University of Kragujevac, Serbia The Kazimierz Wielki University, Bydgoszcz, Poland University of Foggia, Italy.

Technical-scientific component of the Psychological Counselling Service of the University of Foggia.

2023	Organizational secretariat AIP Development and Education Foggia 2023.
2019	Psychological consultancy assignment aimed at employees of the University of Foggia from June to December 2019.
2017-2024	Psychologist at the CRAP “Il Rifugio” located in Celenza Valfortore (FG) CUS Consorzio Utilità Sociale, body affiliated with ASL FG.
2015	Position of commission member and manager of the project skills budget n.R15A27-2015-0000939 approved by Fon. Coop with provision dated 06/11/2015 – prot. No. 0001878.
2015-2024	Psychologist-psychotherapist at the Psychiatric Day Center of Lucera (FG) “L'approdo” CUS Consorzio Utilità Sociale affiliated with the ASL/FG.
2014	Since 01/28/2014 expert for the PON project Objective Faz.3 FSE=”-POR PUGLIA-2013-55 Title Vanishing Point Code CUP D75C13000930007, Liceo delle Scienze Umane C. Poerio Foggia.
2013	Since 27/12/2013 secretary at the non-profit association "l'Albero della vita".
2010-2024	Psychologist-psychotherapist at the CUS “Il Sorriso” Psychiatric Day Center affiliated with the ASL/FG.
2008-22	Monitoring activities and statistical processing for the needs of the University
2007-2008	Counseling Service within the “EUROPEN” project of the University of Foggia.

Foggia, 27 June 2025

Signature

Dr. Salvatore Iuso

*Salvatore Iuso*