

**CURRICULUM**  
**CIRO ESPOSITO**

Psychologist,

PhD in Mind, Gender and Language

Junior Assistant Professor, *Department of Humanities, University of Foggia*

**The curriculum is divided into:**

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## **a) Training:**

### **From January 2018 to October 2021**

#### **PhD in Mind, Gender and Language (XXXIII cycle) – European Label**

Qualification obtained on 10/13/2021 at the Department of Humanistic Studies, University of Naples Federico II, with a grade: Excellent cum Laude.

Thesis entitled: “What makes you feel good? Well-being in a gender and mattering lens”.

The thesis had as its objective the study of individual, interpersonal, social and community well-being and the factors that influence it, in the light of a gender perspective and in the context of Community Psychology. The factors mainly investigated were: the perception of social justice, equity and gender discrimination and mattering, or the perception of being important for oneself and for others. The results of the thesis offer interesting indications for the development of further research and interventions aimed at promoting the well-being of individuals and the community.

The work has been presented at national and international conferences.

### **July 2020**

#### **“Advanced Longitudinal Modeling” Workshop**

Theoretical and practical training on the statistical analysis of longitudinal data, using the Growth Curves and Mixture Models techniques, implemented using the Mplus software.

Seminar leader: Dr. Concetta Esposito.

### **From March 2020 to May 2020**

#### **European visiting period**

At the Universitat de Barcelona (Barcelona, Spain).

Study of the effects of COVID-19 on the well-being of Spanish university students during the pandemic.

Tutor: Prof. Moises Carmona.

### **February 2020**

#### **Workshop “Research Methodologies and Qualitative Analysis”**

Theoretical and practical training on the main methodologies for the analysis of qualitative data, with particular reference to the Grounded Theory Methodology technique and the use of the Atlas.ti software.

At the Department of Humanistic Studies, University of Naples Federico II.

Seminar leaders: Prof. Fortuna Procentese and Dr. Immacolata Di Napoli

### **September 2019**

#### **Advanced training course in “Structural Equation Models (SEM)”**

At the Department of Psychology, Sapienza University of Rome.

Theoretical and practical training of the main statistical techniques for the analysis of quantitative data (exploratory and confirmatory factor analysis, linear regression, error estimation, etc.) within the SEM model and using the Mplus statistical software.

Course leaders: Prof. Claudio Barbaranelli and Prof. Valerio Ghezzi.

### **From September 2018 to October 2018**

#### **International visiting period**

At the Universidad Nacional de Tucumán (San Miguel de Tucumán, Argentina).

Well-being and mattering survey study of the Argentine population.

Tutor: Prof. Adrian Chirre.

**From October 2013 to February 2016**

**Master's Degree in Clinical, Dynamic and Community Psychology, with a grade of 110/110.**

At the Department of Humanistic Studies, University of Naples Federico II.

Thesis in Community Psychology (M-PSI/05), entitled: "Well-being and justice: the link between moral orientation and life satisfaction".

Speaker: Prof. Caterina Arcidiacono

## **b) Research activity:**

### **From 12/22/2022 to today**

#### **Scientific manager of the project “COS(GENDER)PLAY: Fighting gender stereotypes through play”.**

The aim of the project is to promote the psychological well-being of young women using a digital tool that can educate men about gender differences, increasing their awareness of stereotypes and sexist attitudes and behaviors. The project involves four phases: the first phase will aim to delve into the state of the art regarding the use of digital tools for the prevention and promotion of the psychological well-being of young women; the second phase of outlining the "typical situations" of daily life, in which a young woman can be the victim of gender stereotypes and sexist attitudes or behaviors in the adolescent phase; the third phase aims to identify and apply a serious game that can develop awareness of gender issues in male adolescents; finally, the fourth phase will have the objective of providing an evaluation of the impact of the project.

### **From 01/12/2022 to today**

#### **Scientific responsible for the project “Gender, college career choices, and well-being”.**

The project aims to investigate the effect of sexism on the perceived self-efficacy in career decision-making and on the well-being of university students. The main hypothesis is that experiences of sexism, sexist attitudes, perceived sexism in the field of studies and gender typicality have significant effects on self-efficacy in choosing an academic career and on well-being. It is also hypothesized that these effects are mediated by two variables: parental congruence and mattering. The hypotheses will be tested: in male-dominated areas (STEM), to examine the effect of discrimination against female students; and in female-dominated areas, to detect the glass escalator phenomenon. The project will compare data collected in two different European countries: Italy and Türkiye.

### **From 12/15/2021 to today**

#### **National research project “Promotion of well-being in the University of Foggia - Pro.Be.”.**

The project intends to: a) Improve the perceived level of well-being of students, teachers and administrative staff of the University of Foggia; b) Increase the awareness of all those who experience the university context to actively promote and support actions to improve individual and collective conditions of well-being in the academic context; and c) Propose a model of good practice for promoting academic well-being that is transferable to other academic contexts.

### **From 9 July 2021 to 8 January 2022**

#### **research scholarship**

Scholarship holder within the project: Yalla! Social Community Services, financed by the Asylum, Migration and Integration Fund (FAMI) 2014 - 2020, O.S.2 “Integration/Legal Migration” – National objective ON3 – “Capacity Building” – “Governance and services – Support for local authorities”.

Project manager: Prof. Caterina Arcidiacono.

At: Department of Humanistic Studies, University of Naples Federico II.

### **From March 2020 to today**

#### **Research project entitled: “Personal and community story telling in times of Covid-19”.**

The project had the aim of exploring the level of well-being of Italians during the COVID emergency phase, to identify guidelines for the emergency, promote good support practices and community resilience. Young university students enrolled in the three-year psychology course were involved, who were asked to fill out a questionnaire relating to the emotional and relational experiences connected to the lockdown period.

Scientific director: Prof. Caterina Arcidiacono, Department of Humanistic Studies, University of Naples Federico II

Project partners: University of Florence; University of Genoa; Catholic University of the Sacred Heart, Milan-Brescia; University of Palermo; University of Turin; University of Valle d'Aosta.

**From June 2017 to today**

**International research project: “Well-being, Mattering and Social Justice”.**

The research project involves the University of Naples Federico II and the School of Education and Human Development, University of Miami (Scientific director: Prof. Isaac Prilleltensky).

The research project aimed to adapt the I COPPE scale (already validated in the American context) in the Italian context (contact person Prof. Caterina Arcidiacono), Argentine (contact person Prof. Adrian Chirre, Universidad Nacional de Tucumán) and Spanish (contact person Prof. Ruben David Fernandez Carrasco, Universitat de Barcelona).

## **c) Teaching activity:**

### **1) Ownership of teachings**

#### **Academic year 2023-2024**

**Psicologia Sociale – Modulo I: Metodologia (MPSI-05)** (6 CFU: 36 hours), for the three-year degree course in Scienze e Tecniche Psicologiche, University of Foggia.

**Tirocinio Pratico Valutativo (TPV) “Laboratorio di Tecniche per la promozione psico-sociale” (MPSI-05)** (2 CFU: 20 hours), for the Master's Degree Course in Psicologia Scolastica, University of Foggia.

**Psicologia del Benessere (MPSI-05)** (6 CFU: 36 hours), for the three-year degree course in Scienze delle Attività Motorie e Sportive, University of Foggia.

**Psicologia Sociale (MPSI-05)** (1.5 CFU: 15 hours), for the three-year degree course in Igiene Dentale, Università di Foggia.

#### **Academic year 2022-2023**

**Psicologia Sociale – Modules: Metodologia e Laboratorio (MPSI-05)** (12 CFU: 96 hours), for the three-year degree course in Scienze e Tecniche Psicologiche, Università di Foggia.

**Psicologia di Comunità (MPSI-05)** (4 CFU: 24 hours), for the three-year degree course in Scienze delle Attività Motorie e Sportive, University of Foggia.

#### **Academic year 2021-2022**

**Elementi di progettazione sociale e di comunità (MPSI-05)** (8 CFU; 64 hours for the Master's Degree Course in Psicologia, Gabriele d'Annunzio University of Chieti-Pescara.

### **2) Supplementary teaching activity**

#### **Academic year 2023-2024**

**La Psicologia nelle organizzazioni sanitarie (MPSI-05)** (3 CFU: 20 hours), for the II level Master in “Psicologia Scolastica e del Benessere”, University of Foggia.

#### **Academic year 2022-2023**

**La Psicologia dei gruppi a scuola (MPSI-05)** (1 CFU: 6 hours), for the II level Master in “Psicologia Scolastica e del Benessere”, University of Foggia.

#### **Academic year 2021-2022**

**Psicologia Sociale (MPSI-05)** (6 CFU: 36 hours), for the II level Master in “Inclusione delle disabilità e delle fragilità sociali attraverso la musica d’insieme e le arti performative”, University of Foggia.