

Annamaria Petito
Short Curriculum vitae 2025

Academic qualifications and other qualifications:

Head of the Departmental Simple Structure of 'Clinical Psychology' under University Direction at the Policlinico Riuniti of Foggia since 06/02/2025.
Clinical Master of Ericksonian Hypnosis, Milton H. Erickson Institute of Turin. Approved and recognised by 'The Milton H. Erickson Foundation' Phoenix-Az-USA in 2011.
Specialisation in Cognitive-Behavioural Psychotherapy School SPC S.r.l. in Rome, recognised by MIUR in 2011.
Specialisation in Clinical Psychology and Psychotherapy, Faculty of Medicine, University of Bari in 2008.
Master's Degree in Psychology, Faculty of Psychology, University of Rome 'La Sapienza' in 2002.

University position: Full Professor of Clinical Psychology.

Scientific-disciplinary sector: SSD: PSIC-04/B (M-PSI/08).

Department: Clinical and Experimental Medicine University of Foggia.

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Main academic and institutional commitments:

1. Member of the Commission for the National Scientific Appointment to the first and second tier of university professors in the competitive sector 11/E4- CLINICAL AND DYNAMIC PSYCHOLOGY. KH5RHFCV.AOOSG MUR.REGISTRO DECREES.R.0002216.19-12-2023.
2. Head of the Psychological Counseling Service of the University of Foggia. Prot no. 0038613 - V/1 of 02/08/2023 - Rector's Decree no. 481/2023.
3. Rector's Delegate for Gender and Inclusion Policies of the University of Foggia for the six-year period 2023 -2029, with Rector's Decree no. 56/2023 of 23/05/2023.
4. Coordinator of the PhD course in 'Neuroscience and Education' - XXXVI and XXXVII cycle. Prot. no. 0051172 - III/6 of 11/10/2022. Rector's Decree no. 1703/2022.

Research interests and recent funded projects:

1. Participation in the project ProBen2024_00008, entitled 'Four Challenges for the Promotion of Psycho-Physical Wellbeing 2.0: An Intervention Model to Combat Behavioural and Pathological Addictions - 4 Challenges 4 Wellbeing 2.0'.
2. Participation in the PROBEN_00004 project, following the Decree of approval of the final ranking list and simultaneous admission to funding of the eligible Initiative proposals under the "Bando PROBEN - D.D. n. 1159/2023.

Other scientific activities and expertise:

1. Study of the emotional and psychological variables involved in the course and clinical outcomes of organic conditions.

2. Analysis of the relationships between psychological dimensions (e.g. personality traits), biological components (e.g. gene expression, neurotransmitter modulation) and environmental stressors (e.g. disease diagnosis, perinatality) in clinical and non-clinical populations.
3. Application and effectiveness study of innovative psycho-educational and psychotherapeutic interventions.

Current teaching courses:

1. Work-related stress and burnout syndrome - CdLM in Scienze delle Professioni Sanitarie Tecniche Diagnostiche.
2. Conflict management and negotiation - CdLM in Scienze delle Professioni Sanitarie Tecniche Diagnostiche.
3. Conflict management and negotiation - CdLM in Scienze Infermieristiche e Ostetriche.
4. Clinical psychology in the educational environment - CdLM in School Psychology.
5. Teaching workshop (TPV) 'Metacognitive skills and mentalisation' - CdLM in School Psychology.
6. Teaching workshop (TPV) 'Testing of Clinical Psychology' - CdL in Psychological Sciences and Techniques.
7. Clinical Psychology at the University of Foggia - CdL in Nursing Sciences, Foggia Campus.
8. Clinical Psychology - CdL in Logopaedics.
9. Clinical Psychology - CdL in Physiotherapy

Main publications of the last 5 years:

1. Iuso S, Severo M, Trotta N, Ventriglio A, Fiore P, Bellomo A, **Petito A** (2023). Improvements in Treatment Adherence after Family Psychoeducation in Patients Affected by Psychosis: Preliminary Findings. *J. Pers.Med.*2023,13,1437. <https://doi.org/10.3390/jpm13101437>
2. Severo M, Ventriglio A, Bellomo A, Iuso S, **Petito A** (2023). Maternal perinatal depression and child neurocognitive development: A relationship still to be clarified. *Frontiers in Psychiatry*, 14,1151897; <https://doi.org/10.3389/fpsy.2023.1151897>
3. Severo M, Calvio A, Difino MR, Zaffino A, Iuso S, Lacedonia D, **Petito A** (2022). Proposal of an Online Strength-Based CBT Intervention Model in Hospitalized Patients with COVID-19: Promotion of Psychological Well-Being and Prevention of Post-COVID Emotional Symptoms in Italian Medical Setting. International Conference on Psychology, Learning, Technology, 18-29. Springer Nature Switzerland.
4. Iuso S, Severo M, Ventriglio A, Bellomo A, Limone P, **Petito A** (2022). Psychoeducation Reduces Alexithymia and Modulates Anger Expression in a School Setting. *Children*,9,1418. <https://doi.org/10.3390/children9091418>

Foggia, 4 luglio 2025

Consapevole delle sanzioni penali, nel caso di dichiarazioni non veritiere, di formazione o uso di atti falsi, richiamate agli art. 46, 47 e 76 del D.P.R. 445/2000, dichiaro che quanto sopra corrisponde a verità. Ai sensi della legge 196/2003 e dell'art. 13 del GDPR (Regolamento UE 2016/679), altresì, dichiaro di essere informato che i dati personali raccolti saranno trattati, anche con strumenti informatici, esclusivamente nell'ambito del procedimento per il quale la presente dichiarazione viene resa e che a riguardo competono al sottoscritto tutti i diritti previsti dalla medesima legge."